

Florida Breast and Cervical Cancer Early Detection Program



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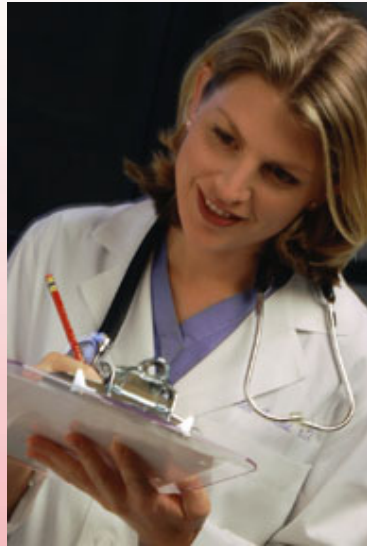
No One Knows What Causes Breast Cancer

Factors not in our control:

- * 80% are in women over 50.
- * A few women do have an inherited gene.
- * Simply being a woman



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- From 1994 to 2006 Florida Breast and Cervical Cancer Early Detection Program (FBCCEDP) has provided 51,157 women with 74,595 mammograms and 47,642 Pap tests. During the 2005-2006 program year over 10,000 women were screened through the program.

- As of December 31st, 2006 926 women screened through this program have been diagnosed with breast cancer; 31 with invasive cervical cancer and 344 with pre-cancerous lesions conditions



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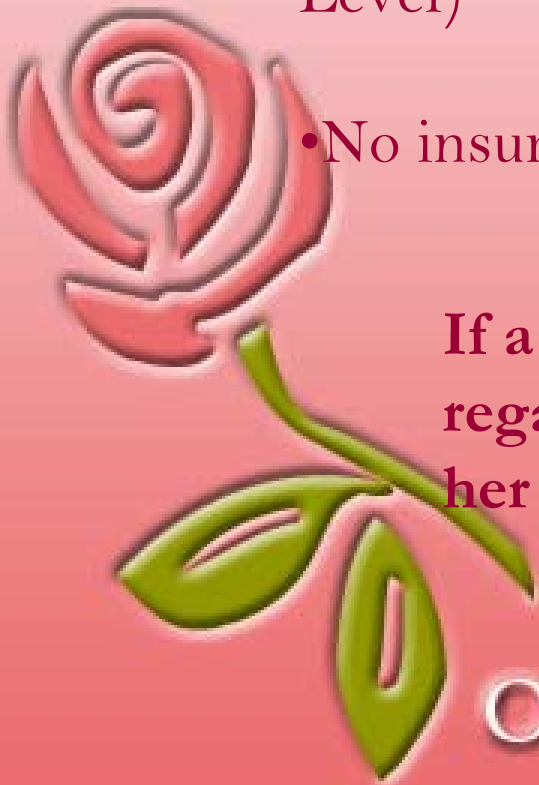
FBCCEDP

Eligibility Requirements

- Women age 50-64
- Low Income (200% or less of Federal Poverty Level)
- No insurance that covers screening exams

If a women has a history of breast cancer, regardless of age, she can enter the program for her annual screening.

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Services Provided Through FBCCEDP

- Breast and cervical cancer screening exams
- Diagnostic exams are provided as necessary, contingent upon available funds
- Treatment paid for by Medicaid for eligible women
- Case management
- Public Education/Outreach
- Professional Education
- Data Collection/Analysis



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How to reach the FBCCEDP

Call (800) 451-2229
to locate site nearest you



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All **67 counties** may access the FBCCEDP through the **16** lead sites that implement the program:

- Brevard
- Broward
- Duval
- Escambia
- Gadsden
- Hillsborough
- Jackson
- Leon
- Manatee
- Miami-Dade
- Osceola
- Pasco
- Pinellas
- Putnam
- Seminole
- Volusia



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***Studies have shown a connection between increased alcohol consumption and increased breast cancer risk.**

***The use of hormones has been shown to increase your risk.**

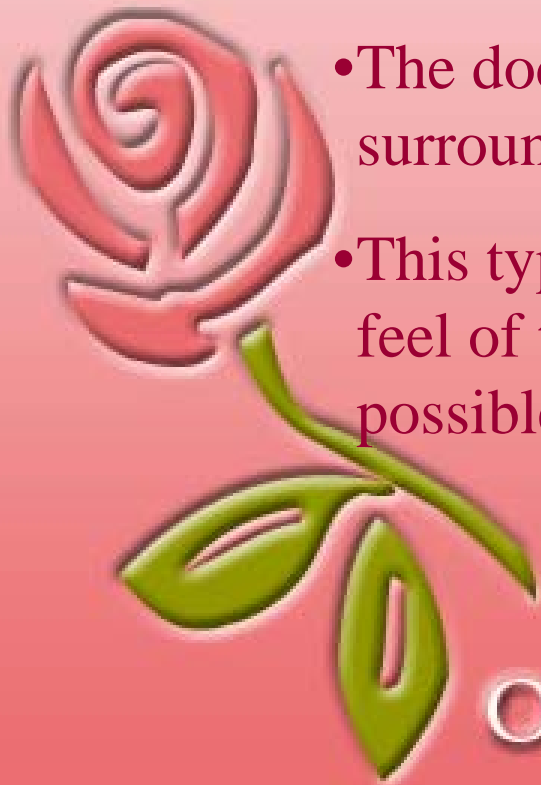
*** Certain breasts changes increase your risk**

***Being overweight after menopause has been discussed in studies as increasing risk.**



Clinical Breast Exam

- Is an exam of the breast and surrounding area.
- Is able to find lumps in the breast.
- The doctor or nurse will feel the breasts and surrounding areas in a specific pattern.
- This type of exam can find any change in color or feel of the skin on or near the breast that could possible be a type of breast cancer.



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Mammogram

- Is an x-ray of the breast.
- Is able to detect a lump before it can be felt.
- Women should begin to get mammograms beginning at AGE 40. (usually every 1 to two years. Women in a high risk category should ask their health care provider how often they should get a mammogram and when they should begin their mammograms. Often times women with a family history begin mammograms earlier.



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Facts About Breast Cancer

- Most women who are diagnosed with Breast Cancer survive.
- When it is discovered in the early stages, patients have a 5 year survival rate of 98%.
- New treatment methods are promising



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The most proven way to fight Breast Cancer is **EARLY DETECTION**

- Women who follow a recommended mammogram schedule.
- Have regular clinical breast exams.
- Women should report any breast changes to their health care provider.

MAXIMIZE chances of detecting Cancer at an early, treatable stage.



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What you can expect during a Clinical Breast Exam

- You will be in a private room.
- You will be examined by a doctor or nurse.
- You may want someone else in the room with you (female staff, friend, or family member).



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Symptoms that may indicate breast cancer:

- *Lump or thickening in or near the breast or under

- *Change in the size or shape of the breast

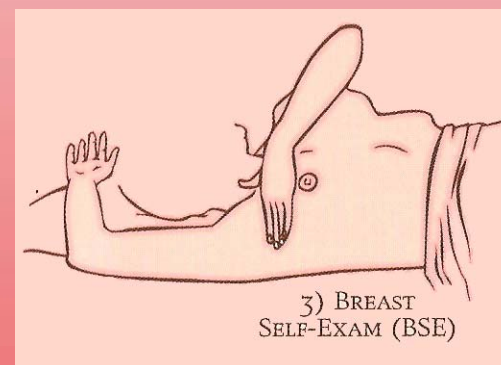
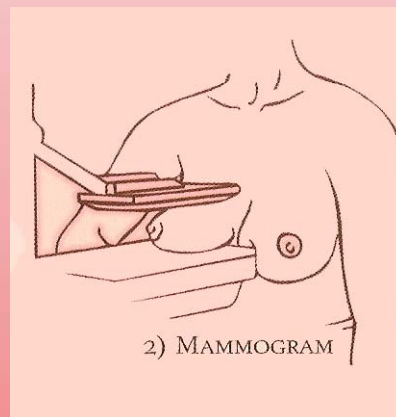
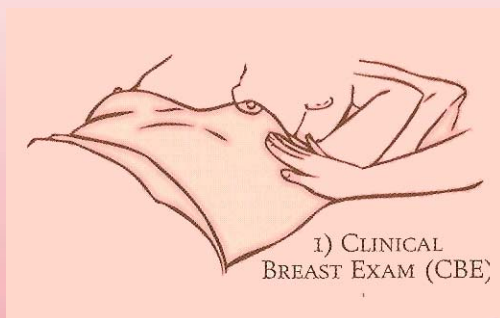
- *Nipple discharge (other than milk)

- * Nipple turning inward; or



- *Change in the color or feel of the skin on or near the breast

What Can You Do To Take Care of Your Breasts?



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Breast Self-Exam

You may ask the doctor or nurse to teach you Breast Self-Exam which is very much like the Clinical Breast Exam the doctor or nurse just did.

You will be instructed on how to:

- Use the pads of your three middle fingers.
- Use the vertical strip pattern.
- Use the 3 Levels of Pressure.



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The Key

Detecting any cancer at an early stage is
the key to survival

You are the key!

We need you to spread the word about this
program to:

- Friends
- Relatives
- Church members
- People you work with



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